

Our Mission

Our mission is to integrate people with disabilities into the community by creating person-centered opportunities for empowerment, independence, and employment.

Core Values

- 01 EMPOWERMENT** Information, education, and resources open the door for opportunity.
- 02 INDIVIDUALITY** Being yourself is always best-everyone is valuable just as they are.
- 03 COMMUNITY** The best way to promote connections is through integration and acceptance.
- 04 INDEPENDENCE** Person-centered support encourages self-sufficiency, belonging, and quality of life.
- 05 GROWTH** The smallest moments of progress can make the biggest impact.

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Our Culture

Able is committed to a culture of compassion, support, encouragement, and authenticity, free from judgement and limiting opinions.



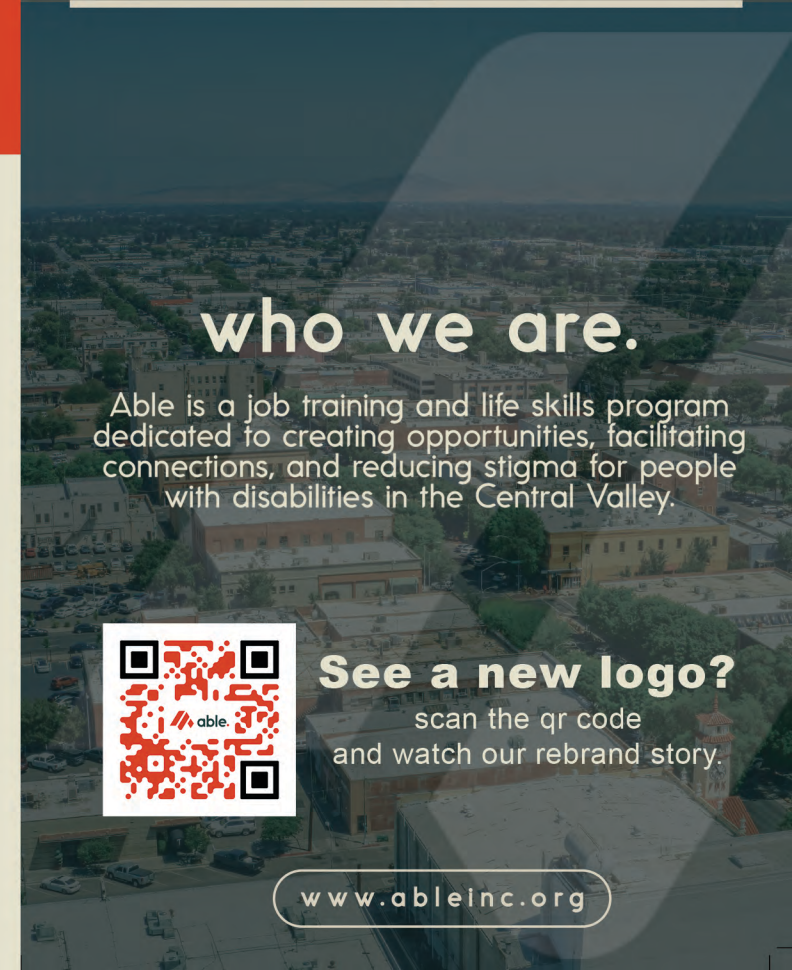
Get in Touch



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Able is a job training and life skills program dedicated to creating opportunities, facilitating connections, and reducing stigma for people with disabilities in the Central Valley.



See a new logo?
scan the qr code
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www.ableinc.org

Life Skills Learning Center

is a Day Training Activity Center (DTAC) that provides a safe, clean, welcoming environment where members with intellectual/developmental disabilities engage in training activities that support their individual goals so they can reach their fullest potential. A variety of learning opportunities are offered in small groups each day both in the facility and out in the community. A small sample of training topics includes social skills, self-advocacy and personal health and safety with a specific focus on community integration. We do all of this in an atmosphere that promotes respect and dignity. An exclusive Life Skills membership invitation can be obtained by someone 18 years and up with a referral from Central Valley Regional Center.

Job Training

Integration means a place in the community where an individual with disabilities interacts, and in this case works, with non-disabled individuals in natural environments. Able's services promote community integration with all members of the workforce and provides paid work. A job coach meets regularly with Able trainees on the job to help him or her learn the necessary skills and behavior to work independently and provide ongoing support. Trainees have the opportunity, and are encouraged to seek competitive integrated employment if they should choose to do so.

Impact

- ✔ **76%** of our trainees achieved their vocational goals.
- ✔ **85%** was our job training attendance rate throughout the worst of COVID-19.
- ✔ **95%** of our clients said they have a choice in work opportunities.
- ✔ **100%** of our clients said their instructors provided enough training to complete their jobs, their counselors were available when needed and they felt safe in the community while with Able.

Employment

Competitive Integrated Employment (CIE) represents an important part of the future for our organization. Through integrated employment, we train individuals with developmental disabilities specific job skills so that they can be competitive in the workplace. Integrated employment is critical to a segment of the population we serve and is specifically for consumers who have already developed good work skills and have a successful work history. We offer entry-level jobs in many different types of workplaces including grocery stores, restaurants, offices, coffee shops and other small to large businesses. Able will help match consumers to the right job and offers frequent job coaching support for the first 90 days and ongoing coaching for as long as a client remains employed. Case management services are also available as needed.



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For more information visit: ABLEINC.ORG